



El Segundo High School AVID Community and Service Log

Name: _____ Due : June _____ 2019

- You will complete 30 hours of community service for the 2018_19 school year.
- Community Service is worth 300 points (10 points for each hour).
- You will not receive credit unless you provide
 - Supporting documents (business cards, photos, etc)
 - Required signatures
 - and complete ALL required information.
- AVID will offer some community service opportunities, but you are required to find most of them on your own.

When considering whether something qualifies as community service, consider:

- Will your efforts benefit other people, groups/organizations, animals, or the environment in your community or other community.
- Will your work benefit people beyond your immediate family or friend circle and extend to a larger community (say, your school, your city, or your state)
- Is this work, in fact volunteer?
- Look to
 - Your school: consider clubs, athletic events, plays, or dances;
 - Your church
 - Your community: consider homeless shelters, food banks state parks, hospitals, libraries, senior citizens' centers, political campaigns, animal shelters, environmental groups.
 - Finally and most importantly, consider your passions and find an opportunity where you will enjoy the work and make a difference to someone or something.
- For ongoing opportunities, check out www.volunteermatch.org; they will match your skills, passions and location with available opportunities.
- I reserve the right to reject any claims of service.

